



1 + 🗐 Rope Wrench & Tether (Not for Primary Life Support

climb. work. rescue.

LISII Solutions in Metal

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Rope Wrench & Tether Issue F October 2022



SPECIAL ROPE WRENCH & TETHER WARNINGS Never use as life support. Failure to use proper life support will

lead to serious injury or death. For use only by Arborists who are experienced in SRT. Using the Rope Wrench without proper training and experience with SRT can lead to serious injury or death.

Practice using device 'low and slow' before using at heights. oper orientation of installation will cause the device not to

Read and follow all of these instructions before using the device.

Serial Number Date of Manufacture:



Equipment Requirements Rope Wrench

violinal Done Wrench manufactured by ISC Do not attempt to use a "home-made" Rope Wrench

Climbing Rope Cumbing Nope III is recommended that 16 or 24-strand rope, made of Nylon, Polyester, Polpropylene or Kernmantlie, is used. Ropes should be of a tope that is approved for use in Arboniculture. Ultrastatic climbing rope is NOT recommended. Rope should have just enough give or bouce: to be comfortable. Always use the correct diameter rope. RP200, RP265 11-37mm (7/16 -1/2"). RP283 13mm (1/2") rope only

Friction Hitch It is advised that a heat resistant rope of a different material than of the climbing rope be used for the friction hitch.

(Note 1) The above recommendations for the selection of ropes are general guidelines only. There are many factors that go into selecting suitable ropes for climbing. A professional Arborist should carefully consider all the factors present before making a decision regarding the ropes to be used.

Rope Wrench system be a different colour or pattern clarity of distinction.

The Done W/rench must be used in conjunction with a stiff The Rope Wrench must be used in conjunction with a stiff tether, which is specifically designed for use with the Rope Wrench. Do not use tethers which are made from brittle materials, such as Acrylic or wood. Do not use home-made tethers. We recommend the use of ISC Squirrel FLEX, Squirrel Aluminium or ISC standard textile tethers.

A suitable tether allows 8cm (3') of room between the hitch and the Rope Wrench in an engaged and fully equalised set up.

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0 Fig 3 DANGER: FREE FALL HAZARD Do not use a loose or supple tether with the Rope Wrench. It may become entangled in the Rope Wrench and cause it to be locked whench and cause it to be locked. in neutral and release the grip of the friction hitch. This will lead to free fall resulting in serious injuries or death. 0

Dangerous result of using a loose r supple tether. Rope Wrench is stuck in neutral Fig 3



The karabiner selected must be designe

utive and deliberate motions to unlock (triple locking). - be large enough to ensure that when configured, no loading or interference with the gate occurs. - be secured such that no loading or interference with the gate will occur. (The ISC KH204SS HMS Karabiner is an example of an acceptable

Karabiner

Harness

ess selected for use w ecommended for use with the with a chest attachment point to the Tether Attachment Point of to the telher itself. A chest attachment point should not be load bearing and is only meant to keep the system upright and to keep the slack out of the system. (See section titled Setting Up the Rope

Wrench System).

Helmet, Boots and Glasses er to select a suitable tether I



PT370C1 Double Leg Tather 1 Karabiner attachment eve 4 Rubber Grommet Optional Equipment Recommendations Other PPE act child will have its own unique set of obstacties and azards that should be well understood before climbing begins. See of other PPE such as ear, face, hand, leg and respiratory protection will depend on the level of exposure of the climber to these hazards. Slack-Tending Pulley When using Textile-based Tethers (such as RT300A1, RT270B1 Single, or RT270C2 Twin-leg Tether), a pulley is not essential, bu is receommended in order to assist in keeping slack out of the system and for moving (minding) the friction hitch up the rope

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designed for climbing systems (such as the RP282 PHLOTICH Pulley). The Squirrel Tether should always be used with the 'Squirrel

Pulley' which is supplied as part of the Squirrel Tether Kit.

Ascenders echanical ascent devices such as foot or hand ascenders are compatible with the Rope Wrench. Any time mor

Slic Pin).

gear is added to any rope system it increases the complexity and likelihood of disorder and entanglement. Extra care must be taken to maintain a clean and lidy system when using ascenders as becoming entangled in gear

L. Rack-up Descent Device During a particulary long descent, the life of the friction hitch can be prolonged by incorporating the use of a back-up descent device. A munter hitch or a figure eight may be used above or below the friction hitch in place of or in



WARNING USE OF A EDICTION HITCH

Ways remember that the Rope Wrench is not a life support evice and even a system using ascenders in conjunction wi te Rope Wrench requires a properly tied and functioning cition hitch. Failure to do so can result in serious injuries or



Intent and Purpose

the climbing system. The Rope Wrench is NOT

- a life support device. It is, however, a load- bearing device that may bear more than 50% of the climbers weight during that will immediately stop descent in an emergency situation; - for use by persons novice to SRT techniques;



The Rope Wrench has two gears, neutral and engaged, as

(Fig 1a) The climbing rope can pass freely through the Rope Wrench.

Engaged Gear (Fig 1b) Due to downward loading on the tether attachment point, the climbing rope is bent into an S shape by the Wheel and the Slic Pin. (RP280/RP283 models), or between the adjustable cam and the top bollard of the (RP285 model). The



⚠ The friction hitch is a climber's ultimate life support and failure to property tie and operate a friction hitch tan lead to serious injury or death.

Step 3. Tie Friction Hitch

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that the mechanical device is rated for SRT.) The friction hitch chosen must be well understood before use.

Note: It is imperative that the climber knows how to properly tie a friction hitch. There are many variables to be consideres when bying a friction hitch, such as temperature, humidity, level of expertise, desired ascent and descent speeds, etc. There is no substitute for experience and hands-on training

Step 4. Attach Elements to Karabiner Attach the ends of the tied friction hitch and one end of the tether to the karabiner. If using a pulley, slide it onto the rope and attach it to the karabiner as well. Attach all elements so a

Apply as much downward force on the karabiner as possible ensure the friction hitch is gripping the rope property. This should be done multiple times. Ensure that the friction hitch

catches when the climbing rope is both weighted and unweighted before the Rope Wrench is installed on the line.

1 Slide the friction hitch and Rope Wrench up the climbing rope

2 Lean back or crouch down so that the friction hitch grips the a contract of the next step only if this is successful.
3 Take a small jump and swing the legs forward, such that the entire body weight is put onto the system and the climber

4 Look and listen for cracking or creaking from the supporting

branches and trunk. Do not climb on the system if cracking i

branches and trunk. Do not cumb on the system it cracking creaking is observed. 5 Be sure there is no excessive give in the branches. 6 Perform all relevant inspections listed in the section tilled

This test ensures the system will maintain its integrity should

Attach the end of the karabiner to your harness at the

Tree-Specific Hazards nsect and animal habitations that can become agitated. Dead, rotten, or weakened branches can break especially

ised on the equipment

Anything sharp, such as nearby fences or encroaching.

Every climbing location has an unlimited number of potential obstacles and hazards. Even with a perfectly rigged system and all the proper PPE, some conditions can still pose a threat to a climber's safety. Consider the following when choosing a time a climber's safety.

Rain or moisture can lead to slipping.
 Wind can affect stability and send debris toward the climber

Auminity can affact the function of equipment, particularly the

Temperature can affect the function of equipment, and affect

Standard Set-up Instructions

NOTICE: REGARDING SUBSTITUTIONS

Step 1 Choosing a Time And Place

and location for climbing.

Environmental Conditions

- Lightning can often strike trees.

the performance of the climber

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Step 2. Anchoring 1 Tie a weighted object to one end of the climbing rop 2 Throw the weighted object over a limb or crotch that will support several times the weight of the climber.
3 Tie the climbing rope to the tree using a trunk- secured basal

and experience with tying secure anchors. If there is any

Failure to property anchor any rope climbing system will lead to free fall resulting in serious injuries or death.

WARNING: USE EXCESSIVE ROPE wwwwING: USE EXCESSIVE ROPE Leave excessive rope at the working end so that the climber can always reach the ground and will not unintentionally come of the rope. This is particularly important if the climber intends to move from toranch to branch within the there. Faulter to supply sufficient rope can result in serious injuries

The Rope Wrench is meant to be used by Arborists servicing accessing, or maintaining trees in conjunction with a Single Rope Technique (SRT) configuration. The Rope Wrench is a friction control device that allows a climber to ascend and descend a to smoothly control the rate of descent by adding friction to

for use without a life supporting friction hitch or similar device

Neutral Gear

tion between these two components will slow the passing o rope through the device.



WARNING: USE PROPER HITCH

cure friction hitch to the climbing rope. Examples of

consult with a professional arborist if you are not properly experienced or trained.

and attach it to the karabiner as well. Attach at elements so as to maintain symmetry on the karabiner, e.g., attach the ends of the friction hitch on either side of

the tether. Teet Apply as much downward force on the karabiner as possible to

Step 6. Bounce Test

bounces on the rope.

"Pre-Climb inspections".

a fall occur

as far as possible.

Step 5. Attach System to Harness

when used for anchoring.

Note: The climber is responsible for having sufficient knowledge



DANGER: FREE FALL HAZARD



Equipment Checklist

Harness Helmet, Boots and Safety Glasses

Slack-tending Pulley Other Personal Protective Equipment (PPE)

Wrench System

Rope Wrench

Climbing Rop

Optional Equipment

- Ascender(s)

- Friction Hitch

. Tother

(Equipment needed to safely climb using the Rope

- Back-up descent device such as a karabiner for a munter hitch

Rope Wrench Set-up Instructions

STEP 1: Attaching a Tether to the Wrench 1 If using RP285 APEX: Push the button on the device and swing open the front plate. If using RP280/RP283: Release the Slic pin from the front plate

of the device (pin remains captive in rear plate). 2 Unscrew and remove the Tether attachment Bolt If using RP285 APEX: Swing the Tether swing-frame to open position. 3 Place the free end of the tether over the tether attachment.

bollard, ensuring the Tether Limiter is located underneath the bollard, ensuing the Tether Limiter is located underneash the Rope Wrench, If using the RP329 Wrench with the RT320 Aluminium Tether, please note that two washers (supplied) should be applied to the tether attachment (none on each side of the tether). NOTE that washers are only required when fitting the RT320 Squired Aluminium Tether to the RP283 33mm Rope W/manch

Wrench. 4 Holding the tether in place, close the front frame of the device (RP280/RP283 models), or the Tether swing-frame (RP286_APEZ) device); reinsert and screw the Tether Attachment Bolt. It is recommended that a reversible thread-lock be applied to the bolt, in order to prevent loosening. Ensure that the bolt is 5 If using RP285 APEX: The front plate can now be closed.



Fitting RT200 Tether to RP282 12mm Wrench Note use of 2 x washers

Do not repeatedly remove and attach tethers - force the bolt into the socket - use the device if the bolt will not fully screw in - use the device if the bolt is loose

during climbing if not properly tightened. This will cause the telber to detach and the render the Rope Wrench useless.

CALITION: TIGHTEN TETHER BOLT

Do not

Adding a Tether to the RP285 APEX **** 01

Step 2. Attaching the RP280/RP283 Rope Wrench to the Climbing Rope

 Desce the environ-loaded tab on the Slip Din inward and null the allowing the climbing rope to be inserted without removing the 2 Place the climbing rope along the Witheal

2 Place the climbing rope along the wheek.
3 Push the Slic Pin back in such that the climbing rope is secured between the Slic Pin and the Wheel.

Fig 5. Do not install the Rope Wrench upside-down (see below for t will not function at all if upside-down and may interfere with





CAUTION: SECURE SLIC PIN

The Sic Pri relies on the actuation of a small spring to become secured. Before use, ensure that the Sic Pri is fully inserted, constrained, and unhibled by any rope filters, and that the metal tab cicks outward Failure to do so will cause the Rope Wrench useles.

Note: When installed correctly and pulled down, the Rope Wrench should bend the climbing rope into an S-shape. Step 3 Repeat Bounce Test

With the Rope Wrench installed, repeat the 'Bounce Test' (as described in Step 6, under 'Standard Set-up Instructions').

Karabiners, Pulleys, and Ascenders

Each of these devices will be slightly different depending on the choices of the climber. As such, they will all have

1 Always begin by consulting the instructions or owner's manual for that particular device. 2 Operate the device several times to verify aration (for ample, for the Karabiner, unlock, open, and let it closel

Each harness will be different depending on the choice of the climber. Consult the harness's directions regarding pre-climb

Rope Wrench Specific

1 All Models: Inspect the entire device for burrs or sharp edges that may have developed through use or during storage. 2 All Models: Check the Side Plates for damage. The Side Plates are red to be slightly bent but symmetrical. 3 All Models: Ensure the

Fether Attachment Point holt is tight and that there are no gans between the bolt heads.

Additional checks specific to RP285 APEX model:

1 Check that the carn surface is free from sharp edges/burs 2 Check the function of the spring-loaded button. When closing the swing-plate, the button should spring (lift) in to position, to captivate the swing plate in the closed position. Once the swing plate is closed, it should not be possible to re-open the swing

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Additional checks specific to RP280/RP283 Models

1 Visually check the Slic Pinto ensure the spring - loaded tab is sticking out and keeping the Slic Pin from moving. 2 Attempt to pull the Slic Pin out to ensure the spring-loaded tab 2 Final and a state of the state of a sta

Pin is prone to wear due to friction between itself and the climbing rope. 4 Rotate the Wheel to ensure it moves freely and is not

bstructed by rope fibers or anything else

Step 1 Attaching to the Climbing Rope Attaching the RP285 APEX to the Climbing Rope

2 Place the climbing rope into the gap between the adjustable

cam and the top bollard 3 Push the spring-loaded button and swing the front plate in

towards closed position. The plate makes an audible 'click', acknowledging that the plate has been locked in place. Refer to 'Fig. 5 in previous section for instructions relating to

proper orientation of device on rope

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Specific Inspections for RT290 Squirrel (Aluminium) Tether & Squirrel Pulley.

Check for distortion/

twisting/bending

1 Inspect the entire device for burrs or sharp edges that may

2 Inspect the entire device of burs of a sup suger have developed through use or during storage. 2 Check the tether for distortion/twisting/bending see

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the outsides of the side plates

Dynamic Inspections

RP285 APEX Friction Settings The RP285 APEX has four friction settings, which can be 1 Push the button on the device and rotate/swing open the front selected by adjusting the spring-loaded cam.

Adjusting the friction settings: Push the spring-loaded button and swing-open the device 2. Pull the spring-loaded cam all the way out (approx. 3mm) Figure 1 Rotate the cam until the cam-peg is located over the desired friction setting hole Figure 2 A Release the cam allo ving the cam-peg to drop in to the friction setting hole Figure 3





How to select a suitable friction setting: 1. Prior to initial use, ensure that the peg on the adjustable cam is located in Friction Setting 1, as this setting provides the



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Before Descending

the Rone Wrench

SRT and DdRT

Descent

3. Close the device 4. Perform initial function tests whilst on the ground, prior to commencing the climb, in order to assess the friction

Adjust the friction setting as required, in order to achieve the PLEASE NOTE: It will be necessary to perform a pre-use function test each time a different rope is installed, to determine



Post Climb Inspections

e inspections performed after a climb should be the same as Occurred ouring a currily a fall from height. If the reason for the fall is due to failure of any of the equipment, discard it immediately.
2 Any intermittent fall. This will likely cause damage to the rope ch. friction hitch. and climbing rope ? Very long climbs, especially those involving many descents and





Inspect tether for damage to Shrink Tube, Stitching and attachment eves. The Rope Wrench should also be inspected for damage and function

General Maintenance

Never leave the Rope Wrench or any other components out in the elements. Even if exposure to the elements does not damage the equipment, it can still alter the functionality.

The Rope Wrench should be cleaned after each use with a mild detergent and allowed to dry naturally.

The moving parts of the Rope Wrench may be oiled if de Wipe away any excess oil before use. Ensure the oil type will not degrade any more used in the Pope Wrench System





Practice all of the instructions in this section "low and slow" before ever attempting anything at height.

The Rope Whench is designed to act as a friction control device. The Rope Whench is designed to act as a friction control device. It is not all its augnot divect: The control device of the second se

Ensure that the Rope Wrench has begun to engage. To do this Ensure that the Rope Wrench has begun to engage. To do this, move the Rope Wrench as far up the climiting rope as possible, and while holding it there, gently release the grip of the friction hich so that the body weight can be partially shifted from the climiting rope to the tether, which should then begin to engage

Descent To descend, simply pull down gently on the top of the friction hitch to release its grip on the climbing rope. The friction from the engaged Rope Wrench and partially engaged friction hitch will allow the climber to descend at a smooth, controlled rate. At no

point during descent does the Rope Wrench need to be touched.

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WARNING: DO NOT USE AS ASCENDER Do not attempt to hang on the Rope Wrench as you would an ascender as this may inadvertently release the friction hitch and can lead to serious injury or death.

The Rope Wrench is NOT an ascender and plays no part in ascending. It must however, be pulled up along with the rest of ascending, it must, however, be pulled up along with the rest of the system site climber ascends, in order to keep the system clean and tidy. This can be facilitated by attaching a harness with a chest attachment point to the Tether Attachment Point of the Rope Wrench or to the tether itself. This will help keep slack out of the system as the climber accends.

Ascend using any desired SRT method. Hand ascenders, foot ascenders, foot loops, and the footlocking method are all ascenders, root toops, and the rootlocking method a acceptable means of engaging the rope. The sit-stand m helps keep slack out of the system. WARNING-LINDERSTAND SPT WARNING: UNDERSTAND SRT The Rope Wrench must only be used by arborists who have received training and have practical experience with climbing using the Single Rope Technique (SRT). Using the Rope Wrench without proper training and experience with SRT can lead course of a fall or swing.

× caution and care. Being able to judge the health and strength of trees as well as understanding the physics of fundamental tree rigging are imperative to being a safe climber.

Understand that forces can be the angle of the rope. Understand that a redirect that is strong in one direction may be weak when pulled from another angle. Constantly inspect the tree for spots of decay TDEES ADE NOT DATED Only good judgment can prevent a climber from over If the climber clips the tail of their climbing line through a pulley fixed to the working part of the line, the system can be converted from a 11 climbing system to a 31 climbing system

MISUSE: Do not apply side loads to the tether (do not load across branches or tree trunks etc

PRODUCT RECORD

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Single Robpe Technique ISAII) and Dualitied Nope Techniques DBRT are somewhat subjective terms that can mean slightly different timings to different pope Technique and different organization Differe names for Single Roppe Technique are static Roppe Technique or Dynamic Roppe Technique STA settlemends in these instructions simply refers to any means or methods of ascending and descenting a tree on a single leg of rope that does not move with the climitor.	2					3	
	4					5	
	6					7	
	8	9	10		11	12	
			2	8			
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For more information on the meanings of these terms, refer to the following resources:			1	x			
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htemstoned Society of Arboriculture www.sie arbor.com Time Care Hubdly Netocolfon www.ica.com On Rope, by Durce: Smith and Allen Postgell (Silk 1978-1979) Softwarten (FOT In Arboriculture, by Danald Colfry and Tichultur Andresen Tichultur Andresen Tichultur Andresen Tichultur, Andresen Tichultur, Andresen Tichultur, Andresen Tichultur, Andresen Tichultur, Andresen Tichultur, Andresen Tichultur, Andresen Tichultur, Andresen Andresen Tichultur, Andresen Tichultur,			1	x			
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CAUTION: DO NOT DESCEND TOO QUICKLY Although the Rope Wrench is designed to act as a heat sink during descent, the climber should not descend too quickly, as doing so can still damage the friction hitch.

Halting Descent. To stop descending, simply let go of the friction hitch

Limb Walking with the Rope System

Point (TIP), the rope may pass through redirects as the climb works the tree. Unlike DdRT, using the Rope Wrench allows consistent friction regardless of the number of redirects the wings or bad rope angles. It is crucial that the climber neve climbs above their last redirect or be exposed to an uncontrolled swing. Dynamic falls and uncontrolled swings can cause serious injury or death.

It is important to not allow slack in the system at any time and atways be aware of tripping hazards and stubs that can impale during the $Q \rightarrow$ To limit the exposure to dangerous swings, take advantage of natural redirects in the tree. Select redirects with

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Regarding Aerial Rescue

The Rope Wrench may be used as a tool both by rescuers as well as by victims of accidents at height. When used by a rescuer: The rope wrench provides additional

besides a rope wrench should be employed. If the Rescuer is using double rope technique, then a rope wrench can be added to the system to provide additional friction to the system

"If the Victim is using a wrench, the cause of the accident must first be understood. Depending on the scenario, different options are available. If the climber has been using a basal inchor, he may be lowered to the ground by using the climber's rope. The lowering system should be well thought out and secure. Use backups so that if the belayer loses their grip on their rope there will be a backup. It may not be possible to lower the climber using a basal anchor so he must be lowered using Ariel Rescue techniques.

Depending on the incident, the climbers system may not function. If there has been a large fall, the hitch may be tight function. If there has been a large fail, the niton may be light to the line and the hitch cord may even be damaged by the fail. In this case, lifting the injured climber and transferring him to an alternate system may be the best course. If through inspection, the climber's system is still intact, then the injured climber may be lowered using his/her own system.

Equipment Maintenance and Inspections

Pre - Climb Inspection Before each and every use of the Rope Wrench System, all commonwealt should be inspected for damage user and spected for damage, wear, and sent situation. Never use any piece of



Carry out a visual and tactile check.
 Check out the condition of the sheath over the whole length of the rope looking for signs of cuts, wear, contamination, furring, sheath slippage, burns bulges, flat spots, stiffness and

Turning Aneath sippage, burns bulges, flat spots, stiffness and dirt/grit etc. - Run the rope through hands. Make a loop, creating a constant curve in the rope. The rope should maintain a regular curve along its entire length. - Check the condition of the protective parts covering stitches or splices. For stitched terminations stide of the protective signee, and check that the stitching is not cut, tom, worn or

tretched.

Item, Položka, Element, Artikel, Articulo, Tuote, Élément, Articolo, Onderdeel, Artikkel, Pozycja, Item, Objekt, .

- Serial Number, Sériové číslo, Serienumn Seriennummer, Número de serie, Sarjanumero, Num de série, Numero di serie, Serienummer, Serienumner, Numer seryiny, Número de série, Serienummer, ...
- Year of manufacture. Rök výroby. Produktionsár, Herstellungsjahr, Aňo de fabricación, Valmistusvuosi, Année de fabrication, Anno di produzione. Productejaar, Produksjonsár, Rok produkcji, Ano de fabric, Tillverkningsár,
- Purchased from, Zakoupeno od, Købt af, Gekauft von, Comprado en (distribuidor). Ostopaikka, Acheté auprès Comprado en (distribuídor), Ostopalikka, Achete aupres de, Acquistato da, Gekocht bij, Kjøpt fra, Zakupione od, Adquirido de, Inköpt hos, ... 5
- Purchase date, Datum nákupu, Købsdato, Kaufdatum, Fecha de compra, Ostopáivá, Date ďachat, Data di acquisto, Aankoopdatum, Kjøpsdato, Data zakupu, Data da aquisição, Iniköpsdatum, ...
- Name of Manufacturer, Výrobce, Producent, Hers Fabricante, Valmistaja, Fabricant, Produttore, Fabr Produsent, Producent, Fabricante, Tillverkare...
- Date of first use, Datum prvniho použiti, Datoen for første anvendelse, Datum der ersten Benutzung, Fecha del primer uso, Ensimmisnen käytigbavik, Date de premiere utilisation. Data del primo utilizzo, Datum van ingebruinname. Dato for første gangs bruk, Data piervaszego utycia, Data da primeria utilização, Datum för första användring, .
- 8 Inspection date. Datum kontroly, Inspektionsdato, Prüfungsdatum, Fecha de inspección, Tarkistuspäivä, Date d'inspection, Data ispezione, Inspectiedatum, Kontrollidato, Data przeglądu, Data da inspecjao.
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ghout the course of a climb, the climber, as an expert, mu constantly monitor the system and surroundings for changes that may present a hazard. For example, a friction hitch may begin to loosen and respond differently after a very long ascent. Memorize the "TREES" method described below for maintaining safety

Tight friction hitch. Always be sure the friction hitch is tight and will engage in the event of a fall at all times. Even if a friction hitch was very light when first lied. it can become loose over the

Riope must be securely attached to a solid anchor point and remain free of damage or wear at any point it is repeatedly contacting anything (branches, pulleys, rope wrench, etc.) IEIxcess rope at the end of the climbing rope. This is DESIRED so

sive slack in the system. This is NOT DESIRED and should [S]harp objects. Burrs and sharp edges in the system or in the tree an damage the rope and must be avoided. ITREESI Inspect all parts of the tree supporting any part of the